

McGRATH

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contents

**02 Evolution revolution
- Australians can now
barbecue in comfort, health
and style**

The e-series barbecues from
Everdure illustrate that grilling
al fresco is so much more than
throwing a shrimp on the barbie.

04 Café/Recipe

Xxxx, Xxxx
Xxxxx



06 Property of the week

Xxxx

**xxxx auctions and
open for inspections**

Suburb	Bed	Bath	Car	Weekend	Guide
Allawah					
33/432 Railway Parade	3	2	1	Sat 1:00PM	Over \$4
Annandale					
31 Reserve Street	2	1	0	Sat 11:45AM	Over \$7
Arncliffe					
111/112A Street	2	1	1	Sat 9:00AM	On req.
Avonlea					
26 Ruskin Rowe	4	2	1	Sat 2:15PM	Over \$1
Avoca Beach					
3/145 Avoca Drive	2	1	1	Sat 2:00PM	Over \$4
Balgowah					
4/157-159 Condamine Street	3	2	2	Sat 11:00AM	Over \$2
Bangor					
7 Inglisher Close	4	3	2	Sat 2:00PM	On req.
Barden Ridge					
24 Doyle Street	4	2	2	Sat 12:00PM	On req.
Bella Vista					
2 Millhouse Place	4	2	2	Sat 1:00PM Auction Sat 11:15AM	Over \$1
Bellevue Hill					
3/56 Bellevue Road	3	2	2	Sat 10:00AM	\$2,55M
Beverly Park					
54 Ferry Avenue	4	3	1	Sat 3:00PM Auction Sat 3:00PM	On req.
21 Marx Avenue	3	1	4	Sat 3:00PM	On req.
Biggles					
34 Karimbilla Crescent	4	2	1	Sat 1:15PM	\$990-\$
Blakehurst					
143 Terry Street	5	3	2	Sat 1:00PM	On req.
43/19 Princes Highway	2	1	1	Sat 10:00AM	Over \$2
1/225 Womersley Road	3	2	1	Sat 12:00PM	On req.
Bondi					
27 Edward Street	3	1	0	Auction Sat 9:30AM	On req.
3E/27 Ocean Street	1	1	1	Sat 1:00PM Auction Sat 1:30PM	On req.
Bondi Beach					
9/49 Roscoe Street	2	2	1	Sat 1:30PM	On req.
9/102 Campbell Parade	1	1	0	Sat 10:00AM	Over \$4
5/25 Blair Street	2	1	1	Sat 11:45AM	On req.
Bondi Junction					
67 Denison Street	4	3	1	Sat 10:00AM	Over \$1
Brighton-le-sands					

*Maximum SMS cost \$55.
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Cover image:
The e-series barbecue from Everdure.

Evolution revolution – Australians can now barbecue in comfort, health and style

The e-series barbecues from Everdure illustrate that grilling al fresco is so much more than throwing a shrimp on the barbie.

By Daniel Bloom



THERE'S SOMETHING extremely primal about cooking with fire. It is, after all, the world's oldest form of cooking. Here in Australia, barbecuing is a summertime rite of passage.

However, in many Australian's pursuit of barbecuing glory, we often forget that other nations around the world have an equally proud barbecue heritage as well. There are the crispy skinned pork dishes roasted on coals in South East Asia, and the very proud South American tradition of cooking with wood fired barbecues as well.

Thankfully, the minds at Everdure have created a range of natural gas barbecues that hope to combine the great things about outdoor cooking, in all its global incarnations, with functionality, style and health.

"Australian barbecues have been in their infancy until now. The Everdure eBQs are all about versatility, modern design and encourage healthy eating," says Maver Sims, Everdure's General Manager of Sales and Marketing. Some of the grills' great features

include halogen lights installed in the hood, that allows grilling at night.

"It's a world first, most barbecuing is done at night, [and the lights] help people cook better. [In terms of cooking] it's healthier because the grill plate is sloped so fat drains off the grill and this helps prevent flare ups and offers a healthier [fat reduced] meal," Bart Beak, the e-series Executive Chef declares excitedly.

“Australian barbecues have been in their infancy until now. The Everdure eBQs are all about versatility, modern design and encourage healthy eating.”

Maver Sims

The release of the eBQs coincides with an interesting time in society. According to Edgi Vega, Marketing Manager at Everdure, "People are looking for a healthier alternative, Australians love to barbecue and this series of barbecues allows them to do so in a healthy way."

Despite being a healthier cooking option, the team at Everdure have endeavoured to truly revolutionise the way Australians look at outdoor grilling. There is a smoke box attached to both the e7 and e5 models, which allows keen grillers to try their hand at smoking. Logan Campbell, chef at chic Italian eatery

Lucio's says, "Using the smoke box is really straight forward and the whole barbecue is really easy to clean."

Vega agrees with Campbell. After initial cooking classes were conducted with the public, one of the most common complaints about barbecuing with other grills was the fact that they were so difficult to clean. The e-series however, are very easy to clean.

Another boon of the eBQs is the way in which they optimise space, the e7 allows grillers to use a wok to construct some of their favourite Asian dishes, or cook pizzas, just like a pizzaiolo. In many ways, the e-series barbecues are superior to conventional kitchens. Even the smaller barbecue, the e2, offers fat drainage and halogen lights.

"All of us can now revel in the comfort and convenience of eating healthy in a relaxed lifestyle setting anytime we wish. The launch of this series signals a revolution of home cooking," Sims says.

With summer knocking on our doors, and Australian's love of the barbecue, the eBQs are certainly an evolutionary step in the right direction. Ultimately the range gives grillers more time to enjoy not only the cooking process, but a relaxed lifestyle as well. ✨

Everdure eBQs
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everdure.com

